



Opportunities in Retirement, Ayr



- *Over 50?*
- *Retired?*
- *Want to improve your health and lifestyle?*
- *Want to meet new people?*



Then come and join some of the 76 activity groups at OIR Ayr for

- Discussions
- Theatre visits
- Classes
- Talks
- Outings
- Holidays
- Walks



For more information visit:
OIR, 61 Main Street, Ayr
Tues – Thurs 10 am to 2 pm.

- ❖ *Tel: 01292 260086*
- ❖ *e-mail: office@oirayr.org.uk*
- ❖ *web: <http://www.oirayr.org.uk>*



Opportunities in Retirement Ayr (known as OIR Ayr) is a registered Scottish charity, No: SC005639